

NEWSNOTES

Wrightstown gate set to close for dedication

The Wrightstown gate will close Oct. 19 from 8:30 to 11:30 a.m. for its dedication ceremony. The gate will return to normal operation following the event.

Guard mission topic at MOAA Dinner

The Military Officers Association of America will host its annual dinner at Club Dix Oct. 18 at 5:30 p.m. Guest speaker will be Brig. Gen. Maria Falca-Dodson, deputy Adjutant General of New Jersey, who will discuss the mission of the New Jersey National Guard. Tickets are \$17.50 per person. Reservations are due by noon Oct. 16, and may be made by calling John Perez at 609-758-2581.

Post-wide Right Arm Night set at Club Dix

Who is the invaluable person in your office or unit? Bring him or her to Right Arm Night at Club Dix Oct. 12 starting at 4 p.m. and join the post-wide celebration of teamwork and partnership.

Fort Dix Retiree Council to host buffet luncheon

A luncheon will be sponsored by the Fort Dix Retiree Council for retirees and their guests Nov. 3 at Club Dix, with the Social Time beginning at 11:30 a.m., followed by the luncheon at noon. The luncheon will be a country buffet and will include Barbecue Ribs, Southern Fried Chicken, Cat Fish, Macaroni and Cheese, Potato Salad, Hush Puppies, Corn Bread and Buttermilk Biscuits, and Apple Pie for Dessert.

The cost for the luncheon is \$22, gratuity included. Checks can be made payable to the Fort Dix Retiree Council. Retirees and their friends/guests are invited to send reservation requests to Sgt. Maj. Norman Pallotto, 15 East Central Avenue, Moorestown, New Jersey, 08057, not later than Oct. 31.

State to offer Army retiree license plates

The Fort Dix Retiree Council would like to solicit your help in supporting the New Jersey Retired Army Retiree License Plate Initiative.

To apply for the New Jersey Retired Army plates, a minimum of 150 applicants are required. There is a fee of \$15 for each set of license plates per car.

To apply, call retired Command Sgt. Maj. Walker at 351-5020, retired 1st Sgt. Tamayo at 670-3586, or the RSO at 562-2666. Information needed is name, rank, address, and current license plate number.

Checks and money orders should be made payable to the Fort Dix Retiree Council. Only N.J. residents can apply.

WEATHER

FRIDAY -- Sunny skies during the day, with clear skies at night. High of 66 degrees and a low of 44

SATURDAY -- Sunny with a chance of clouds and a high of 65 degrees, low of 44.

SUNDAY -- Mostly clear skies and warmer temperatures with a high in the upper 60s, lows in the mid-40s.

MONDAY -- Mostly cloudy skies and a drop in temperature. High of 64 degrees, low of 45.

TUESDAY -- Cloudy skies keep the highs in the mid-60s with lows in the upper-40s.

WEDNESDAY -- Showers wet the day with a high of 66 degrees, low of 54.



Town Hall Meeting hits issues, answers

Carolee Nisbet
Editor

Access control technology, fraternization, changes at Club Dix and a review of policies on unlawful command influence and reprisals topped the agenda Oct. 10 at the Fort Dix Town Hall Meeting.

More than 450 employees and Soldiers gathered at Timmermann Center for the information-packed event that culminated in the presentation of awards to people involved in the success of the fiscal year closeout.

Col. Ron Thaxton opened the Town Hall session, noting that he has been in command of Fort Dix for 90 days

now and is trying to tailor the sessions to meet the needs of both the command and the community.

"It's important for you to figure out who I am and what I am about," Thaxton said, "and important for me to tailor these sessions to everyone's needs. This is your Town Hall Meeting. If you don't give me questions, I will steer you the way I want the installation to go. If you write me an e-mail, I will write you back."

First on the agenda was Stephen Melly, Director of Public Safety, who opened his presentation with a review of the Big Voice Mass Notification System on post.

The Big Voice system is designed to alert everyone on post in the event of an emergency or severe weather, Melly said. An alert tone will be sounded to get people's attention, fol-

lowed by a voice announcement detailing the emergency and giving instructions. A second message will be announced when the emergency is over.

"It's important for you to figure out who I am and what I am about, and important for me to tailor these sessions to everyone's needs. This is your Town Hall Meeting."

Col. Ron Thaxton
installation commander

The announcement system was chosen over the old system of different tones for different types of emergencies, Melly said, because it's difficult to establish a system that everyone will remember.

Melly also updated the crowd on the hand-held device now in use to authenticate ID cards and allow the police officer on duty at the checkpoint to access information about the card holder seeking access to the post.

The system -- dubbed Mobilisa by its creators -- has worked extremely well, Melly said, identifying individuals with expired or cancelled ID (continued on page 4)

Army poised to rebalance force

WASHINGTON, Army News Service, Oct. 10, 2007 - In his keynote address at the Association of the United States Army Annual Meeting's Eisenhower Luncheon, Gen. George W. Casey Jr., chief of staff of the Army, said he foresees decades of persistent conflict, but expects the Army to rise to the challenge.

Terrorists, he said, will continue to attack America, and the Army will remain central in defending our values and way of life.

"We will be unlikely to predict the time, location or the scope of coming conflicts, and looking back over history, the one thing we know when it comes to predicting the future is that

we usually get it wrong," he said. "The Army has a vision to build those forces and we're already executing it. We intend to transform the current force into a campaign-quality, expeditionary Army capable of supporting our commanders across the spectrum of conflict of the 21st century. We're about half-way there in completing the transformation of our force."

He said it is still the best Army in the world, but he acknowledged it is stressed and stretched by six years of war.

"Today's Army is out-of-balance," said Gen. Casey. "The current demand on our forces exceeds the sustainable supply. We are consumed

with meeting the demands of the current fight and unable to provide ready forces as rapidly as we would like for other contingencies. Overall, we are consuming our readiness as fast as we are building it."

According to Gen. Casey, four imperatives will rebalance the force.

First, the Army must improve sustainment, not only by recruiting, retaining and training Soldiers, but especially by caring for their families and for wounded warriors. Gen. Casey also pointed out that Army Civilians are an important part of the force.

"Our warriors are our ultimate asymmetric advantage, the one thing

that no enemy can duplicate now or in the future and we need to keep them with us," he said. "We're committed to ensuring that the quality of life of our Soldiers, Families and Civilians is commensurate with their magnificent service."

His second imperative was preparation for success. The Army, he said, is committed to providing Soldiers with the best-possible equipment so they can maintain the advantage over the enemy, as well as intensive training opportunities.

An important part of preparation is Gen. Casey's third imperative: reset. He stressed the importance of giving (continued on page 4)

Ombudsman program lets Army, troops resolve issues

Pascual J. Flores
Public Affairs Staff

Ombudsman: one that investigates reported complaints, reports findings, and helps to achieve equitable settlements.

For injured Soldiers assigned to the Warrior Transition Unit here at Fort Dix, this kind of help is just a phone call away. Ombudsman Sgt. 1st Class Johnny Banks and Clarissa Biondi, work as liaison for Soldiers assigned to the Fort Dix Warrior Transition Unit (WTU).

They dedicate their time, energy and effort to provide assistance and guidance to those injured while serving our country in the Global War on Terrorism.

The Ombudsman position, sponsored by the Medical Command (MEDCOM) in San Antonio, TX, originated as a result of the challenges that arose at the Walter Reed Army Medical Center earlier this year.

Banks, an Army reservist on active duty and assigned to Fort Dix since April 2007, brings 20 years of experience as a medic and 18 months as a Physical Evaluation Board Liaison Officer (PEBLO) in Atlanta, GA to the position. "We are here to resolving issues before they go to the Inspector General or become a congressional inquiry," Banks said.

"Our main purpose is to facilitate (continued on page 3)

Country star to hold free concert on post

Country-music superstar Clint Black will hold a free concert on Doughboy Field Oct. 29 starting at 6 p.m. as part of the Spirit of America Tour. The concert is open to all Department of Defense identification card holders and their guests.

Clint Patrick Black was born in Long Branch Feb. 4, 1962, but raised in Houston. He dropped out of high school to play music, supporting himself with day jobs as ironworker and fishing guide.

After building a local reputation, he was brought to the attention of RCA Records, which signed him to a recording contract in 1987. Starting with his first single, "A Better Man," in 1989, Black scored four straight No. 1s. That same year, he won the Country Music Association's Horizon Award and the following year, its male vocalist of the year prize.

In 1991, he joined the Grand Ole Opry, married actress Lisa Hartman and scored two more No. 1 hits, "Loving Blind" and "Where Are You Now."

In 1993, Black began directing his own music videos and was the first to create them on large format, 65mm film. He also toured with Wynonna (billed as Black & Wyn), and they reached No. 2 with a duet ballad, "A Bad Goodbye." Throughout the 90s, Black racked up more No. 1 hits, including "When My Ship Comes In," "A Good Run of Bad Luck," "Summer's Comin'," "Like the Rain," "Nothin' but the Tailsights," "The Shoes You're Wearing" and a duet with Hartman, "When I Said I Do." Black wrote most of his hits with longtime touring guitarist, Hayden Nicholas.

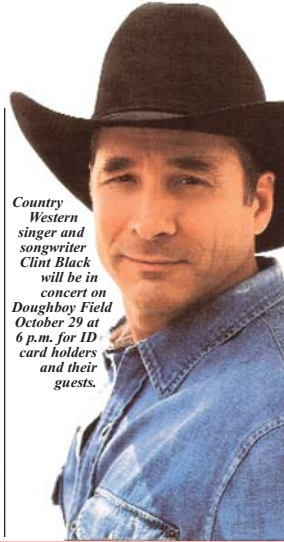
Black won CMA awards in 1993 for the George Jones collaboration "I Don't Need Your Rockin' Chair" and in 1994 for the tribute album, Common Thread: The Songs of the Eagles. He also charted with a cover of the Eagles' classic "Desperado."

In addition, his 1998 participation in the all-star single "Same Old Train" won him a Grammy. His duet partners have included Roy Rogers, Martina McBride and Steve Wariner. A song he wrote with Merle Haggard, "Untangling My Mind," reached the Top 5 in 1994.

After repackaging his hits and releasing an acoustic album, Black parted ways with RCA. After that, he produced the debut album for Buddy Jewell and founded Equity Records, his own label, with former Sony executive Mike Kraski. Black released albums

on the label in 2004 and 2005.

Priority seating will be given to military personnel in uniform. No pets or coolers are allowed, but lawn chairs are permitted. Refreshments will be served. For more information, call 562-5853 or visit www.dixmwr.com.



Country singer and songwriter Clint Black will be in concert on Doughboy Field October 29 at 6 p.m. for ID card holders and their guests.

National Hispanic-American Heritage Month



Fort Dix joins nation in honoring Hispanic patriots

Fort Dix joined in country-wide celebrations of National Hispanic-American Heritage Month with a lunch yesterday at Club Dix featuring Hispanic food and entertainment highlighting that colorful culture.

National Hispanic-American Heritage Month runs from Sept. 15 through Oct. 15 every year. And according to the United States Census for 2000, there are 38.8 million Americans living in our country who can boast of Hispanic heritage, i.e., of descending from people who lived originally in Spain, Portugal or Latin America, sharing in those cultures and speaking their language.

Census figures confirm that Hispanics are now the largest single ethnic group (among numerical minority groups) in the country, making up about 13 percent of the population.

Forty percent of America's Hispanic population is foreign-born with more than half entering the country since 1990 or later. So America's future promises to be graced with an increasingly Hispanic hue.

Accompanying pictures highlight some military contributions made by Hispanic-Americans to their country. Their heritage is a proud one, second to none.

Pictured at the top of the page from left to right are baseball Hall of Famer Roberto Clemente, Medal of Honor recipient Army Master Sgt. Roy Benavidez, astronaut Ellen Ochoa, New Mexico governor Bill Richardson, singer-actress Jennifer Lopez, and Civil War hero Adm. David Farragut.



U.S. Army Center for Military History (CMH)

THE BORINQUEÑERS -- August, 1950. The Korean War had broke out less than two months before and Puerto Rico's 65th Infantry Regiment was heading to the action. The 65th landed at the port of Pusan on the Korean Peninsula's southern tip, where U.S. forces had been holding out on the famous Pusan perimeter against invading communist forces from North Korea. Seeing action immediately, the Puerto Rican fighting men joined U.S. forces as they broke out of the perimeter and drove north. Following the brilliant seaborne landings at Inchon, the U.S. and other United Nations forces drove deep into the hills of North Korea. But at that point a huge Chinese Army entered the war. Chinese hordes overran the U.S. Eighth Army and encircled the 1st Marine Division with its attached U.S. and British Army units. In one of, if not the, greatest fighting retreats in history, the badly outnumbered Marines battled their way south to the coast. There on the frozen ridges, they met the Puerto Ricans of the 65th Infantry Regiment, sent to hold the area around the vital port of Hungnam. The Puerto Ricans supervised the evacuation of Hungnam, finally sailing away themselves on Christmas Eve, 1950. In late January of 1951, the 65th fixed bayonets and assaulted the top of two hills held by the Chinese 149th Division just south of Seoul. The Reds fled, and men of the 65th won four Distinguished Service Crosses and 125 Silver Stars among other unit kudos. The National Guard unit had lived up to its motto, "Honor and Fidelity."



U.S. Army Center for Military History(CMH)

BRAZILIAN EXPEDITIONARY FORCE -- Brazil was the only Latin American nation represented in division strength during World War II. The first Brazilians to taste combat in Europe were men representing the 6th Regimental Combat Team, at left, who arrived in Italy on Sept. 14, 1944. Other elements of the Brazilian Expeditionary Force (BEF) followed and assumed positions in sectors controlled by the U.S. IV Corps of the Fifth Army. In 401 days of continuous fighting side by side with the IV Corps, Brazilians helped liberate 24,580 square miles of Italian soil, helping secure more than 600 towns and cities. Among the BEF's memorable engagements, a campaign in Italy's mountains stuck out. Supporting IV Corps 10th Mountain Division, BEF was tasked to help the 10th capture a series of mountain peaks and ridges which the Germans had used to track U.S. troops movements along one of two main arteries to Bologna and the Fifth Army's front. The BEF seized Monte Castello, scaling cliffs at Riva Ridge that towered almost 1,500 feet before assaulting the crest of Monte della Torracca, protecting the Mountain Division's right flank. The painting at left shows members of the BEF in final stages of seizing Monte Catello. They are firing an 81-mm mortar and equipped with M1 carbines and the M1A1 Thompson submachine guns. They were attired in GI-issued wool trousers, and wore M1943 field jackets.



U.S. Army Center for Military History (CMH)

SPANISH TROOPS AT PENSACOLA -- Seeking revenge for lost possessions, Spain joined France and the newly-formed United States in the war against Great Britain in 1779. The Spanish governor of Louisiana, Gen. Bernardo de Galvez, aimed to eliminate British holdings in East and West Florida. Forces under his command secured the Mississippi River ports of Manchac, Baton Rouge, and Natchez. In 1780 his troops took Mobile and then prepared for an assault on Pensacola, the seat of British government in West Florida. Commanded by Brig. Gen. John Campbell, the British had about 900 men stationed at Pensacola at Fort George, including two battalions of American Loyalists (those fighting for England against the United States) recruited from Maryland and Pennsylvania. Although the Spanish landed over 8,000 troops, they were unable to overcome the excellent British fortifications at Pensacola and began a siege.

A deserter from one of the Loyalist battalions gave Spanish artillerymen a good estimate of the range of the main Brit ammo depot. Spanish gunners scored a direct hit on May 8, 1780, killing about 100 men and wrecking a portion of the fort's wall. A follow-up assault ground to a halt among the fort's ruins but Spanish marksmen inside the fort preventing big British artillery from unloading. Brig. Gen. Campbell was forced to surrender. The capture of Fort George and Pensacola relieved pressure on the southern states, helping pave way to victory in the South for American colonials. The painting above shows a grenadier officer of the Louisiana Regiment leading his men on the assault. The Louisiana Regiment was organized in 1765 and they were joined by a company of Free Blacks from Havana, one of whom is pictured on the right. It's all part of Hispanic America's military heritage, fighting for America.

Jersey Joe still 'the' champ in Camden

The city of Camden paid a debt to an old friend Saturday, designating October 5 as "Jersey Joe Walcott Day" and unveiling a four-foot granite monument in honor of the ring immortal.

It was a fitting tribute to the man who once lived in his wife and six children in a coal bin in depression-era Camden before rising like a phoenix in ring wars to eventually capture boxing's heavyweight championship of the world.

Born Arnold Raymond Cream in Merchantville, N.J. on Jan. 31, 1914, to a father who had immigrated to the U.S. from Barbados, he adopted Jersey Joe Walcott as his ring monicker named after another great fighter who hailed from the Caribbean.

Walcott had a tough career, retiring six times and working at shipyards until his big break arrived in 1947 when he floored Joe Louis twice but still lost a hotly disputed decision. Although Louis KOed him in the rematch Jersey Joe was on his way. After dropping two consecutive decisions to Ezzard Charles he KOed Charles with a terrific left hook



http://ebay.com

Jersey Joe Walcott, 1952 in the seventh round at Pittsburgh to become the oldest heavyweight champ ever at 37 (before George Foreman won that honor). Defeating Charles in a decision in the rematch he went on to be KOed by Rocky Marciano in a legendary title defense in 1952.

Walcott served as sheriff of Camden County in the early 1970s before spending a decade working on the New Jersey State athletic commission. He died at 80 in 1994.

Jersey Joe was a champion, in and out of the ring.

-Steve Snyder



www.trufanboxing.com

SLUGFESTS -- Ezzard Charles, top left, decisioned Walcott twice before Jersey Joe KOed him with a walloping left hook in 1951 to win the title. Jersey Joe outboxed and knocked down Rocky Marciano, bottom left, before the Rock KOed him in 13.



http://sports.espn.go.com

the Post

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Ombudsman

(continued from page 1)
the Soldiers needs and help them resolve their problems. "Sometimes it is not necessarily that they have a problem, but they may be confused and need guidance," Banks added.

With approximately 230 Soldiers assigned to the WTU, the team of Banks and Biondi, while not subject matter experts, provide guidance, information and points of contact to Soldiers in their efforts to identify the resources available to help meet their needs. Biondi, recently assigned to Fort Dix, served for five and a half years in the U.S. Air Force and has a Bachelors Degree in Health Care Management.

"Some of the issues that we help the Soldiers deal with include personnel, medical, legal, financial, and transitional benefits as well as issues with the Veterans Administration," Biondi stated.

Following her release from active duty with the U.S. Air Force, Biondi worked as a volunteer case manager for 18 months at an airbase in Japan.

Providing a civilian perspective, Biondi, who is also experienced with the military, is able to communicate effectively from both sides of these issues.

Ombudsman services are available to any Soldier with no potential for retaliatory effect from their military command. All information between the Soldier and Ombudsman are confidential in compliance with the Health Insurance



Pascual Flores

PUTTING SOLDIERS FIRST - Clarissa Biondi, left, and Sgt. 1st Class Johnny Banks, review documentation before meeting with Soldiers here at Fort Dix. Biondi and Banks are Ombudsmen for the Soldiers assigned to the Warrior Transition Unit.

Portability and Accountability Act of 1996 (HIPAA). "We get most of our calls from the 1-800 hotline and we will then

provide them with the direction to get assistance for their needs," Biondi said.

The Ombudsman program Biondi

is intended to "cut through the red tape." "Wounded Soldiers are people too," concluded Biondi.

Army's new Warrior Transition Units replace medical-holdover companies

Gary Sheftick and
Franz Holzer
Army News Service

WASHINGTON, Oct. 8, 2007 - The Army is establishing 32 "Warrior Transition Units" at major installations across the force to streamline care for wounded Soldiers.

The new units are the centerpiece of the Army Medical Action Plan headed up by Brig. Gen. Mike Tucker. His AMAP team went to work in June and identified about 150 items in the system that needed improving, he said during a panel presentation today at the annual meeting of the Association of the U.S. Army.

Better housing for wounded Soldiers was one of the improvements. The Army has allocated \$173.5 million in Operations and Maintenance funding and another \$1.2 billion in Military Construction funds for Warrior Transition Unit facilities and projects, said Maj. Gen. John MacDonald of the Installation Management Command.

"The Army is putting its money where its mouth is," Maj. Gen. MacDonald said. "So that we have close to the hospitals a set of barracks that is accessible."

The new Warrior Transition Units will do much more than replace Medical Hold Companies, said the Army's acting

Surgeon General, Maj. Gen. Gale S. Pollock. She said the units will combine what used to be separate structures for the active and reserve components and bring a new level of care to all patients.

Prior to the creation of the WTUs, most active-component Soldiers requiring complex treatment remained assigned to their parent units or to a rear detachment. Some were assigned or attached to Medical Hold Companies overseen by the Army Medical Command. Reserve Component Soldiers were managed differently, attached to Medical Hold-Over Companies overseen by the Army Installation Management Command.

The Army Medical Command expects to staff WTUs with 2,419 cadre by Jan. 1, the date set for the new units to become fully operationally. The staffing will ultimately include 743 active-component Soldiers, 381 National Guard Soldiers, 381 Army Reserve Soldiers, and 914 Army Civilians, whom are to support an estimated population of 10,000 Warriors in Transition.

Soldiers, and 914 Army Civilians, whom are to support an estimated population of 10,000 Warriors in Transition.

A "Triad of Support" is what Medical Command calls a key element of the WTU cadre. The triad consists of a Primary Care Manager, who is a physician; a Nurse Case Manager, who is a registered nurse; and a squad leader, usually at the rank of staff sergeant.

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There will be a squad leader for every 12 patients, said Col. Terry McKenrick, WTU brigade commander. He said in the past, many Medical Hold Companies had a staff sergeant who administered to about 50 patients, and some of these did it on a part-time basis when not serving as an x-ray technician or other staff member.

A typical WTU company will have a commander, executive officer, first sergeant, six platoon sergeants and 18 squad leaders, Col. McKenrick said.

The squad leader will meet a patient and his family at the airport, Brig. Gen. Tucker explained. Then they will be escorted to the Soldier and Family Assistance Center for in-processing.

The SFAC is a "one-stop" shop, Maj. Gen. MacDonald said. "We can bring the lawyer to (wounded warriors). We can bring the chaplain to them... so that they won't have to run all over post."

SFACs also help with documents, payments, access cards, benefit applications, and services coordination.

In addition to those at WTUs, "Virtual SFACs" are being established online.

"Soldiers can now log onto AKO and see their own case file ... and track their care," Brig. Gen. Tucker said, explaining that the joint application tracking is available under "My PEB" as part of Army Knowledge Online.

As Soldiers go through the Physical Evaluation Board process, they will have access to Staff Judge Advocate officers, Brig. Gen. Tucker said. He said 18 SJA officers have been activated for the WTUs. "When we talk about 'holistic' care," said Dr. (Col.) Elspeth Ritchie, Behavioral Health Consultant to the Army Surgeon General, "we talk about the whole person. Holistic care, as the Army doctor describes, is about not only the medical aspects of healing, but the psychological, social, and cognitive aspects in conjunction with the Soldier's career goals and aspirations."

"It's about healing the entire Soldier," Brig. Gen. Tucker said. He said whatever makes a Soldier feel better and heal faster will be considered under the program. For instance, he said that allowing WTU Soldiers to wear the patches and insignia of their original units will make some in the program feel better, and that's been authorized.

The WTU mission is to facilitate the healing and rehabilitation of Soldiers, return them to duty when possible, or to prepare them for a successful life as a veteran in their community.

"We want them to think about life after healing," Brig. Gen. Tucker said.

United Communities Housing Information

Leasing Office- 723-4290
Maintenance Office- 724-0500
Maintenance Scheduling, Progress, and
Trash Concerns - 724-0550

Residential Refuse Collection

Mondays:
McGuire AFB, 3800s and 3900s

Tuesdays:
All of Fort Dix, including Quarters 201, 501
and 1900

Thursdays:
McGuire AFB, 4000s, 4400s and 4500s
Recyclables are picked up every
Thursday

Yard and garden waste is
picked up every Monday and Tuesday

**PLEASE PUT TRASH OUT ONLY ON
SCHEDULED DAYS. HELP KEEP YOUR
NEIGHBORHOOD CLEAN!**

Volunteers are needed
for
Special Observances Committees
For more information call 562-4011

Sexual Assault.....562-3849
Victim Advocacy.....694-8724
Child/Spouse Abuse.....562-6001
Emergencies.....911

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Dix Town Hall reviews policies, rewards workers

(continued from page 1)

cards and drivers' licenses, people with warrants from other jurisdictions and people on lists supplied by special events managers using Fort Dix facilities.

Melly added that a medium-size soccer tournament -- about 7,000 people -- was held at Fort Dix after the system was put in place, and worked well.

A future force protection initiative is the Defense Biometric Identification System, he said, that will link with other applications to speed benefits, readiness processing and other actions.

Lt. Col. Scott Zippich, Fort Dix Staff Judge Advocate, briefed the crowd on improper senior-subordinate relations and fraternization. The current policy was developed as the result of a 1997 directive by then-Secretary of Defense William Cohen after a task force determined that treatment of the issue was not consistent throughout the services.

Department of Defense guidance is now that "Service Secretaries will, by policy, prohibit personal relationships such as dating, sharing living accommodations, engaging in intimate or sexual relation, business enterprises, commercial solicitations, gambling and borrowing between officer and enlisted regardless of their Service."

Zippich noted that the current policy is punitive, where the old was not, and that all Soldiers bear responsibility for compliance. Personal and business relations are for the most part prohibited, along with gambling, he said.

Civilian misconduct involving improper relationships between federal civilian employees having a superior-subordinate professional relationship can result in adverse administrative action against both employees, he added.

Second issue on the agenda was new initiatives at Club Dix.

Sarah Johnson, director of Morale, Welfare and Recreation at Fort Dix, told the crowd that new sound and audio systems have been installed in Revolutions, the bar at Club Dix, along with a new foosball table in the Atrium.

Monday night football on the big screen is also a popular and expanding event, and begins at 7 p.m. each week.

The Snack Bar and Grille introduced a new menu Oct. 7, Johnson said, and the micro-brewery is back in operation

with two new specialty beers for October.

The Smokehouse also has a new lunch menu featuring kids' meals, daily hot specials and a salad bar Tuesday through Friday, and new operating hours with lunch served Monday through Friday from 11 a.m. to 1:30 p.m.

Johnson also listed conference-style services available at the club.

Upcoming events include Right Arm Night tonight in Revolutions; Bring Your Boss to Lunch Day Oct. 16; a Halloween Party in Revolutions with a DJ and costume contest; and a Bring Your Boss Night Nov. 9 with the Palmer Jenkins Trio.

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Johnson was followed by Lt. Col. Gregory Gravlee, who presented information and explanations on Unlawful Command Influence.

UCI is defined as interference in the judicial process that results in an unfair trial or proceeding or the appearance of an unfair trial or proceeding.

UCI undermines the military justice system, Gravlee explained, and impact due process and fairness in meting out punishment.

Gravlee also covered the issue of reprisals, along with protected communications and standard of proof.

Following the briefings, Col. Thaxton presented Bob Lichtneger, deputy to the commander, with a Commander's Award For Civilian Service.

Lichtneger was nominated for the award by Diane

The Smokehouse also has a new lunch menu featuring kids' meals, daily hot specials and a salad bar Tuesday through Friday, and new operating hours with lunch served Monday through Friday from 11 a.m. to 1:30 p.m.

Devens, director, Northeast Region, Installation Management Command, for his work as the National Security Personnel System Transition Manager at Fort Dix.

Thaxton also honored employees from the Directorates of Public Works, Contracting and Resource Management with Commander's Coins.

"In the past couple of weeks, a lot of good things have happened on the installation because of what happened during end of year activities," he said. "We will see more than \$250 million worth of projects because these people worked hard to have projects ready when the money came available."

Employees recognized for their roles in the process are listed at right.

Thaxton also responded to questions, and told the crowd information on pet policies will be forthcoming in The Post.

Directorate of Resource Management

**Kathy Ochipinti
Sharon Valdes
Beverly Sills
Diane Robinson
Chris-Tina Hood
Cindy Corle
Kim Mickles
Khilena Adhin
Candace Tindall
Lani Fincalero
Alice Lewis
Tom Konetski
George Najarian
Pat Morris
Kathleen Pennock
Cindy Johnson
Ingrid Welsh
Linda Quinones
Leroy Fields**

Directorate of Contracting

**Patricia Cunningham
Suzanne Edgar
Beth Mendell
Maureen Coughlin
Jessica Ely
Claudette Lyons
Diana Harris
Roz McFadden
Jim Burke
Emelda Long
Kristina Wiercinski
Karen Umstott
Jumny Oluwagbemi
John Fields
Not present but recognized were
Lt. Col. Edler
Maj. Jim Craig
Maj. John McClelland**

Directorate of Public Works

**Dave Ace
Joe Benenati
Chuck Burns
Bill Challender
Tenny Chau
Ray Chin
Linda Chominski
Ron Egley
Rick Esbenson
Tom Farrell
Rich Hatfield
Bob Hurrell
Dave Keeney
George Kramer
Cindy Leek
Ray Matthews
Ron Mayhue
Carmen Orapello
Bill Peterson
Ron Poserina
Joe Thomas
Tony Tisone
Bob Trumbette
Paul Valentine
John Wenner
Steve Whitmore
Mary Wig
Joe Williams**



Photos by Ed Mingin

CIVILIAN SERVICE -- Fort Dix Commander Col. Ron Thaxton presents Robert Lichtneger, deputy to the commander, with a Commander's Award For Civilian Service for his work as Transition Manager for NSPS. The award was presented during the Town Hall Meeting Oct. 10 at Timmermann Center.



COIN FOR COINS -- Col. Ron Thaxton, Fort Dix commander, presents commander's coins to employees of the Directorate of Contracting for their work during end-of-year closeout that netted the past millions of dollars worth of projects that Dix will see during the next 18 months. Thaxton recognized dozens of installation employees from the Directorates of Public Works and Resource Management as well, all at the Town Hall Meeting Oct. 10 in Timmermann Center.

Army poised to rebalance force

(continued from page 1)

Soldiers and their Families the time and opportunity to recover from repeated deployments. He also mentioned that since 2003, equipment has been used at over five times its normal rate and in harsh environments. He cautioned that reset must last several years after deployments end.

The final imperative is transforming the Army to meet the demands of the 21st century. According to Gen. Casey, transformation is a holistic effort encompassing how the Army fights, trains, modernizes, develops leaders, bases forces and supports Soldiers, Families and Civilians.

It includes growing and modernizing the Army, developing

agile, adaptive leaders and especially adapting the Reserve Components, which Gen. Casey said are "performing magnificently, but in an operational roll for which they were neither designed nor resourced."

"They are no longer a strategic reserve mobilized only in national emergencies," he said.

"They are now an operational reserve, deployed on a cyclical basis to allow us to sustain extended operations. Operationalizing the Reserve Components will require national and state consensus as well as continued commitment from employers, Soldiers and Families."

"It will require changes to the way we train and equip,

resource and mobilize, and also administrative policies. We owe it to them to make this transition rapidly."

Gen. Casey remained hopeful, however, reminding the audience that the Army has faced and overcome challenges for 232 years, bringing strength and freedom to the nation and the world.

"Soldiers are the strength of this Army and they make this Army the strength of this nation. It will be our Soldiers who lead us to victory over the nation's enemies and it will be our Soldiers who preserve the peace for us and for our allies."

Our combat veterans know well the meaning of Army strong. Baptized in fire and blood, they've come out steel and that steel endures," he said.

NEIGHBORHOOD

THE CORNER

Salute to Women Vets coming soon

The Burlington County Library and American Legion Post 79 Burlington will co-host "A Salute to Women Veterans of all Wars," and "Rosie the Riveter," which is a tribute to women who worked in defense plants.

The event is scheduled for Oct. 13, 10 a.m. - noon at the Burlington County Library, Westhampton. For more information, call 267-9660.

ACS to host Accent Reduction Classes

Army Community Service, in conjunction with Burlington County College, will offer Accent Reduction Classes for non-native service members and foreign-born family members who would like to improve their enunciation by reducing some of their native-speaking accent.

Classes will begin Oct. 15 and are held in the ACS conference room from 6 to 9 p.m. Call Amada Espinoza, Relocation Readiness program manager, at 562-3271.

Thrift shop to hold annual yard sale

Our fall yard sale in the parking lot at the Thrift Shop on Pennsylvania Avenue will be held Oct. 20 from 10 a.m. to 2 p.m. Bring your cast-off treasures and join us.

Participants may register and set up on the day of the event at 9 a.m. A donation of \$10 is requested for parking space size location. Please bring your own display tables and chairs.

This is the third Saturday of the month, so our Thrift Shop will be open as well. With fall full upon us, we are taking consignments of holiday items for Halloween, Thanksgiving, and Christmas. There is a limit of 15 items total per consignment, with a five-item limit on any category, such as toys, appliances, clothing, etc.

Consignments hours are 10 a.m. to noon on Tuesdays and Thursdays with shopping hours from 10 a.m. to 2 p.m. We are also open the first and third Saturdays and first Wednesdays of the month. Please come and check us out.

If you have questions, please call us at 723-2683 during Thrift Shop hours.

Volunteers needed for annual Day of Caring

The Fort Dix Day of Caring will be held Oct. 26 from 11:30 a.m. to 4:30 p.m. Projects include putting together comfort kits for mobilizing Soldiers, designing Healing Hearts, creating Quilts for Kids, landscaping at Providence House and senior-citizen homes, organizing toys for Operation Santa Claus, and supporting local organizations.

The day kicks off with a pizza party at the Main Chapel. Call Frances Booth, Army Volunteer Corps coordinator, at 562-3930, or Army Community Service at 562-2767 for more information or to volunteer.

Alcoholics Anonymous meetings held weekly

Part of the mission of the Army Substance Abuse Program is to support 12 Step Programs in the community. There are two Alcoholics Anonymous meetings on Fort Dix.

Each Tuesday night at Bldg. 9013 is a closed meeting for members from 7:30-8:30 p.m. On Thursday nights, there is a meeting at the Main Chapel from 7-8 p.m. (use the 8th Street parking lot entrance; the meeting is in the lounge near Fellowship Hall).

There is no cost except the desire to stop drinking behaviors that are harmful to self and others. If you or someone you care about needs help, these meetings are ANONYMOUS. For more information, call 562-2020 or 4011, or stop by Bldg. 5203.

Basic Training for Business seminar coming soon

Army Community Service will host a Basic Training for Business seminar Nov. 6 from 5:30 to 7:30 p.m. in Bldg. 5201 Maryland Avenue.

To register, call (856) 225-6221. For directions and access to Fort Dix, call Rod Marrell at 562-2186 48 hours before the training date.

New coffee shop opens in JRC

Ryan Morton
Public Affairs Staff

Dozens of Soldiers and civilians flocked to Fort Dix's Joint Readiness Center (JRC) on Oct. 9 to celebrate the grand opening of City Coffee, a franchise set up in the JRC to serve mobilizing Soldiers.

The Soldiers and civilians on hand received more than just a cup of Joe. They had the opportunity to relieve stress and tension via Serene Moments massage therapy center. Massage therapists from the franchise in Philadelphia were giving complimentary massages to Soldiers and civilians alike.

Having Serene Moments there was the brainchild of Ron Ford, general manager of City Coffee.

"In my business dealings with them (Serene Moments), they mentioned an interest in wanting to help Soldiers and expand their business. It turned out to be a win-win situation because they get to come here and help de-stress Soldiers and promote Serene Moments at the same time," Ford said.

Ford is an entrepreneur and business and tax accountant and consultant. He is also a major in the Army Reserve serving in New Jersey and manages another City Coffee location in Camden, N.J.

The shop offers a wide array of coffees, espressos, cappuccinos, and herbal teas, as well as breakfast and deli sandwiches, hot dogs, sausages, salads, and snack foods.

Ford has another plan besides selling coffee to the Soldiers.



Ryan Morton

DAILY GRINDS -- Pfc. Roberto Puma pays Donna Valley for a cup of Joe at the grand opening of City Coffee located in the Joint Readiness Center. The shop offers a wide array of coffees, espressos, cappuccinos, and herbal teas, as well as breakfast and deli sandwiches, hot dogs, sausages, salads, and snack foods.

"We're going to print Web site information on the cups and packaging that takes them to links set up to help get them get started if they are interested in owning a business or franchise. There are a lot of people in this case, Soldiers-out there who are interested in starting up a business, but don't know where to begin. We want to give them the tools to help them in their quest," he said.

The messages struck a chord and were a big hit.

"This is an excellent massage. It's very relaxing and the therapists are very professional," Sgt. Charles

Sebok said.

City Coffee is located next to the main lobby waiting room area of the JRC for in-processing Soldiers and features a high-definition television. In the near future, another City Coffee location will open at the McGuire Air Force Base Library.

IRS warns of Internet tax scams

WASHINGTON, Sept. 28, 2007 — The Internal Revenue Service today issued a consumer alert about an Internet scam in which consumers receive an e-mail informing them of a tax refund.

The e-mail, which claims to be from the IRS, directs the consumer to a link that requests personal information, such as Social Security number and credit card information.

This scheme is an attempt to trick the e-mail recipients into disclosing their personal and financial data. The practice is called "phishing" for information.

The information fraudulently obtained is used to steal the taxpayer's identity and financial assets. Generally, identity thieves use someone's personal data to steal his or her financial accounts, run up charges on the victim's existing credit cards, apply for new loans, credit cards, services or benefits in the victim's name and even file fraudulent tax returns.

The bogus e-mail, which claims to come from "tax-refunds@irs.gov" tells the recipient that he or she is eligible to receive a tax refund for a given amount. It then says that, to access a form for the tax refund, the recipient must use a link contained in the e-mail. The link then asks for the personal and financial information.

The IRS does not ask for personal identifying or financial information via unsolicited e-mail. Additionally, taxpayers do not have to complete a special form to obtain a refund.

If you receive an unsolicited e-mail purporting to be from the IRS, take the following steps:

- * Do not open attachments to the e-mail, in case they contain malicious code that will infect your computer.
- * Call the IRS at 1-800-829-1040 to determine whether the IRS is trying to contact you about a tax refund.



Veverly Wakefield

REAP WHAT YOU SEW -- Staff Sgt. Geri Rengenold, Watson Medical Support Unit, and Jacquie Longacre get a head start on creating Quilts for Kids at the Fort Dix Arts and Crafts Center. The center will host a quilting marathon Oct. 13 from 10 a.m. to 11 p.m.

Volunteers to craft Quilts for Kids

Veverly Wakefield
Public Affairs Staff

The Fort Dix Arts & Crafts Center will be hosting a special quilting marathon event on Oct. 13 from 10 a.m. to 11 p.m.

This special event is in support of the Quilts for Kids Foundation, a non-profit organization that supplies hospitals, institutions, and shelters with quilts for sick children or children who have a parent or parents deployed.

The quilts offer a little comfort and support to children in all types of medical, emotional and physical conditions. Fort Dix Arts and Crafts is the local chapter for the base organization whose headquarters is located in Yardley, Pa. Material is donated by several New York-based fashion designers, companies and distributors.

Everyone is welcome to come and support the cause, even if you do not know how to sew. There are several

jobs to be done, such as cutting, measuring and sorting, according to Jacquie Longacre, a volunteer sewing instructor who has won awards for her quilting expertise and has been volunteering her time since September 2001. She also received a special citation award at the Armed Forces Recreation Society Conference, which was held in Indianapolis.

The Arts and Crafts Center has some of the best, state-of-the-art equipment and supplies to use for quilting and sewing, and the best part is that everything is free.

"We have the Porches and the Mercedes of machines," noted Geri Rengenold, Watson Medical Support Unit at Fort Dix, who donates her time for this cause. Other volunteers who help with the process of quilting consist of active-duty service personnel, civilians and retirees.

Games, prizes, and refreshments are just part of the excitement that will fill the Arts and Crafts Center. If you have any questions or need additional information, call the Arts and Crafts Center at 562-4285.



Mums the word for Torch Club

Mary Kinoian and Jessica Miksit, Youth Center Torch Club advisors, far right, help Torch Club members Kayan Storey, Sean Adams, Bree Anna Stevens and Valerie Nolasco plant yellow mums in the shape of a Yellow Ribbon dedicated to Soldiers who have passed and those who are still at war October 4.

Wayne Cook

MILITARY MATTERS

Bullets

New award honors those who have gone 'above and beyond'

● WASHINGTON, Oct. 10, 2007 - The Congressional Medal of Honor Society announced the establishment of the "Above and Beyond Citizen Honors" initiative in an early morning press conference here Tuesday.

Several members of the Medal of Honor Society were joined by retired Chairman of the Joint Chiefs of Staff, Gen. Colin Powell, and NFL great Tiki Barber as they made the announcement from the steps of the Lincoln Memorial.

The award is designed to honor ordinary citizens for extraordinary "Service before Self."

"What we want to do with this program is to illustrate how America has answered that call to gallantry in a civilian capacity and how it replicates and reflects the traditions, values and virtues of the Medal of Honor and the Medal of Honor Society," said Powell, who along with former President George H.W. Bush will serve as Honorary Co-Chairman for the initiative.

The Society is asking the public to nominate their fellow citizens for the award. To be considered for the award, the nominee must have made a difference in the lives of others through a singular act of extraordinary heroism, or through their continued commitment to putting others before themselves. One finalist will be selected from each of the 50 states, three of whom will receive the award.

"We are asking Americans to step forward, let us know about your neighbor, your fellow citizen, a member of your family, someone you just heard about who has done something so extraordinary above and beyond what they had to do, above and beyond the call of just being a good average citizen," said Powell.

The award presentation will be a live televised event at Constitution Hall in Washington D.C. on National Medal of Honor Day, March 25, 2008.

The event will feature our nation's leader's dignitaries, celebrities, musical performances and short documentary films that outline dramatic Medal of Honor recipient stories and remote performances by world renowned comedians, musicians and celebrities from remote venues such as Camp Victory in Baghdad Iraq," according to a Congressional Medal of Honor Society press release.

National Guard, Reserve report decrease in mobilized numbers

● WASHINGTON, Oct. 3, 2007 -- This week, the Army, Navy, Air Force and Coast Guard announced a decrease, while the Marine Corps announced an increase. The net result is 3,996 fewer reservists mobilized than last week.

At any given time, services may mobilize some units and individuals while demobilizing others, making it possible for these figures to either increase or decrease. The total number currently on active duty in support of the partial mobilization of the Army National Guard and Army Reserve is 70,758; Navy Reserve, 5,727; Air National Guard and Air Force Reserve, 7,831; Marine Corps Reserve, 6,812; and the Coast Guard Reserve, 281. This brings the total National Guard and Reserve personnel who have been mobilized to 91,409, including both units and individual augmentees.

A cumulative roster of all National Guard and Reserve personnel, who are currently mobilized, can be found at www.defenselink.mil/news/Oct2007/d20071003ngrp.pdf.



Department of the Army

LEARNING LIFESAVING -- Sgt. Clint Higgins, a combat lifesaver instructor with the 205th Infantry Brigade, helps students taking the Combat Lifesaver Course at Camp Atterbury, Ind. Beginning Oct. 1, all Soldiers entering Basic Combat Training will combat-lifesaver certified prior to graduation.

All new Soldiers to become Combat-Lifesaver certified

Mike A. Glasch
Army News Service

FORT JACKSON, S.C., Sept. 24, 2007 - The Army is about to change the way it ensures Soldiers injured on the battlefield receive access to life-saving techniques.

"Soldiers who were recently redeployed, and those who are currently deployed, told us that the first 10 minutes are the most critical for keeping a wounded Soldier alive," said Fort Jackson's Deputy Commander Col. Kevin Shwedo.

Beginning Oct. 1, Soldiers entering Basic Combat Training will receive Combat Lifesaving Training and be CLS certified before graduation, adding 7.5 hours of training.

Soldiers will learn how to perform advanced first aid and conduct potentially lifesaving procedures - from controlling bleeding, conducting CPR and reintroducing fluids into the body - to keep a serious injury from worsening until professional medical help arrives.

"That means you are going to have to start an IV in your buddy, and your buddy is going to have to start one in you," Shwedo said.

The deputy commander said the change has two benefits.

"One, we are training Soldiers on mission-essential tasks that will keep them and their buddies alive in combat," he said.

"Not only will they be able to save a life, but they will have the confidence that their buddies can do the same for them."

The second benefit is stress inoculation.

"There are very few things in life more stressful than watching a newly trained person put a catheter in your arm," Shwedo said. "Almost as stressful is introducing a catheter into your buddy's arm because you don't want to get it wrong."

Introducing artificial stress in BCT is thought to prepare Soldiers for the stressors of war, but Shwedo said that stress should be directly related to what Soldiers endure in war.

"Velling at a person at the top of your lungs for five minutes does virtually nothing. Human nature says 'I will shut you down in the first 30 seconds,' so I've just wasted the last four-and-a-half minutes of my life," Shwedo said.

"Whereas, if I put a Soldier in a stressful environment that has something to do with keeping him or her alive in combat, or killing the enemy, it makes him that much more successful."

Previously, only 20 percent of Soldiers in each unit were required to be Combat Lifesaver certified.

"At the end of the day we want to make sure we have a Soldier who is proficient in a few critical tasks - weapons proficiency, discipline, being physically fit, confident he or she can save a life on the battlefield and equally confident that their buddy can save their life," Col. Shwedo said.

Army celebrates recruiting success during 2007

Elizabeth M. Lorge
Army News Service

WASHINGTON, Oct. 4, 2007 - Vice Chief of Staff of the Army Gen. Richard A. Cody swore in six new recruits and re-enlisted six Soldiers in a ceremony today celebrating success in recruiting and retention for fiscal year 2007.

Although the numbers won't be available for another week, the Army met all Active, National Guard and Reserve recruiting goals, according to Army officials. The ceremony also kicked off the 2008 recruiting campaign.

On the steps of the Jefferson Memorial, Secretary of the Army Pete Geren reminded the audience that the American Soldier is responsible for every freedom Mr. Jefferson outlined in the Declaration of Independence.

"Were it not for the American Soldier, the Declaration of

Independence likely would have been exhibit one in Thomas Jefferson's trial for treason in a British courtroom," he said.

"Were it not for the American Soldier, George Washington would likely be remembered as the most famous traitor to Mother England, and were it not for the indomitable American Soldier, we would remember Abraham Lincoln as a failed president who lost the Union. All of you today join or rejoin generations of men and women who have answered when our nation called," he added.

Building the force - the right force - is crucial for success. According to Gen. Cody, only 35 percent of males between 18 and 34 meet the Army's minimum mental, physical and moral qualifications.

He praised Soldiers' self-

lessness and said he believes this is the best the Army has ever been, and that history will call this America's "Strongest Generation."

"To re-enlist at a time of war is a powerful commitment," said Gen. Cody.

"It says a great deal about these noncommissioned officers and our Army. Soldiers don't re-enlist in an Army at war for incentives or college benefits. They do it because they believe in the mission, because they trust in themselves, their units and their leaders. They do it because they don't want to leave their buddies and because they believe in you - the future Soldiers."

"You new recruits raised your right hand today and said,

'America, in your time of need, send me. I will defend you,' he said. "That takes personal courage and a sense of duty that we should all respect and take pride in."

Many might ask why anyone would volunteer knowing they will probably deploy, but to these new recruits and Soldiers, the answer is simple.

"To the Soldiers I say, I think we all know," Logan Bilyeu told the crowd. "Look at the Soldiers next to you. To everybody else, I say, it's not about the people

or a certain person, it's about the flag. We all have to fight for our rights and what we believe. We have a lot of liberties that not a lot of people enjoy and I joined to earn those rights and to follow the footsteps of my father, my grandfather and my great-grandfather."

"It's what I do. Civilians have their jobs. This is my job," said Staff Sgt. Christopher A. Brown of the 3rd U.S. Infantry, known as the "Old Guard." He deployed during the initial phase of Operation Iraqi Freedom in 2003 and has some advice for the new recruits.

"Believe in your team and the person standing next to you. Trust your NCOs, because your NCOs will not lead you

Although the numbers won't be available for another week, the Army met all Active, National Guard and Reserve recruiting goals, according to Army officials.

WDIX Channel 2
24/7 information



Soldier of the Year Spc. Heyz Seeker

Army reveals Best Warriors

Beth Reece
Army News Service

WASHINGTON, Oct. 8, 2007 - In America's best Army ever, two Soldiers now have bragging rights as "best of the best."

Sergeant Major of the Army Kenneth O. Preston revealed Staff Sgt. Jason R. Seifert as the Army's top NCO and Spc. Heyz T. Seeker as the Army's top Soldier at today's Association of the United States Army convention here. The announcement follows this year's Best Warrior Competition, held at Fort Lee, Va., Oct. 1-5.

A member of the 3rd U.S. Infantry (The Old Guard), Seifert represented the Military District of Washington. Spc. Seeker represented the Special Operations Command and is stationed at Hunter Army Airfield, Ga., with the 75th Ranger Regiment.

"They just happened to pick the tasks I knew well. It could have been any other task, any other day of the week, and somebody else would have come out on top," said Seifert. "Even though this was a competition, all of the competitors worked very well together and learned from one another. It's great to now get the opportunity to represent all of them."

Seeker said three deployments to Afghanistan and one

to Iraq helped prepare him for the competition.

"I love the Army, and I love living a structured life," he said. "I'm all about paving the way, leading the way and being the first at something. I was the first in my family to be a ranger, and I'd like to one day become the first Filipino sergeant major of the Army."

Twenty-six Soldiers from 13 major commands faced rigorous mental and physical tests through a selection board chaired by SMA Preston, as well as M-4 rifle qualification, day and night urban warfare, battle drills, a written exam on military topics, an essay, a physical-fitness test, battle drills and a mystery event.

This year's competitors included Spc. Jamell Goforth, a combat medic with the 4th Infantry Division. Spc. Goforth is the first female to become the U.S. Army Forces Command Soldier of the Year, and was the only female to reach the 2007 Army-level competition.

The Army's best Soldier of 2003, Staff Sgt. Russell Burnham, returned this year to shoot for the Army's best NCO title.

Sgt. Patrick J. Mann, who was last year's Soldier of the Year for the U.S. Army Space and Missile Command, also returned to this year's competition in hopes of being named the Army's top NCO.

Staff Sgt. Adam Navarro
72nd FA Bde. Public Affairs

Soldiers master Army Combatives

You're on the ground fighting for your life, you're exhausted, your body is hurting, but you're not scared. You focus on your opponent, waiting for a moment to strike. In an instant, you seize an opportunity and apply a rear naked choke. You squeeze, and he quickly taps out.

You're not in an ultimate fighting championship match — you're taking modern Army Combatives.

Seventeen Soldiers attended a skill-level-one Combatives Certification Course in Bldg. 5964 this past week. Skill level one is a train-the-trainer course designed to teach Soldiers the basic introduction into the Army's Combatives program.

"The modern battlefield has changed; we are in more close-quarters combat. Combatives gives us a set of rules and a standard way to train and teach Soldiers hand-to-hand fighting," explained Primary Instructor Sgt. Jake Maurer, 3/315th Tactical Support Battalion, 78th Division. "It gives Soldiers the willness and the warrior spirit to continue to close with the enemy."

Combatives is a mixed martial art that takes the place of any one traditional self-defense style and utilizes a wide variety of fighting techniques. Soldiers in skill level one learn Brazilian jiu-jitsu, including grappling and holds such as the triangle choke, arm bar and rear naked choke. Soldiers in the class learn and then apply these fighting techniques on each other as if they were fighting for real.

These classes are extremely rigorous and Soldiers often get bruises, aches and pains due to rolling on top of each other trying to get one or often two opponents to submit.

"Most fights end on the ground; that's why this training begins on the ground. Most people don't know what to do when they are on the ground, so we teach them techniques to



Staff Sgt. Adam Navarro

FIT TO FIGHT — Spc. Nelson Rojas pins opponent Maj. John Maroun during Army Combatives training at Fort Dix. Both Soldiers are members of the Army Reserve's 309th Training Support Regiment.

achieve a dominant position and finish the fight," explained Assistant Instructor Sgt. Zachary Kazan of the 3/315th Tactical Support Battalion, 78th Division.

"Combatives training is important for many reasons. As

a Soldier going into combat, you never know if you might need it; also, it improves my situational awareness," explained Staff Sgt. Anna Vega of the 2/309th Training Support Regiment, 78th Division. "We watched videos of UFC

matches. The techniques they used we learned in our training. People in class were shouting out names of moves; I was like, 'Wow, I know how to do that.' I definitely feel my fighting skills have improved a lot; I'm more confident."

There are four tiers in the Combatives system; in skill level one, Soldiers must attend and pass a 40-hour course that enables graduates to conduct and teach Combatives at the platoon level. Skill level two is an 80-hour course, where graduates become company-level trainers. Skill levels three and four are only taught at Fort Benning, Ga., and consist of an additional 180 hours for each level of training.

"This is battlefield-focused training that is right in line with Warrior Task 27, React to Man-to-Man Contact," said Sgt. Jake Maurer. "Soldiers like the combat effectiveness of the training. They try it on each other, they feel the discomfort, and they know the techniques work and really buy into the system."

There are nine instructors who run the Combatives program, all bringing a variety of self-defense experience such as wrestling, taekwon do, and boxing. These instructors are responsible for all the Combatives training and certification on Fort Dix for members of the Air Force, Navy and Army mobilizing for the Global War on Terrorism, as well as the Soldiers stationed at Fort Dix.

"Soldiers constantly remark we need more of this training," said Kazan. "In today's society, it's not accepted getting into fights, so people don't have that experience. After Soldiers complete their training, Combatives just gives them confidence to finish the fight."

For more information, call Sgt. Jake Maurer at 234-2038.

**FORT DIX
WANTS YOU**



**TO BE A
VOLUNTEER**

Call Army
Community Service
at 562-2767

NCO Call

at Club Dix

Wednesday evenings
at 6 p.m.

Announcements



**Movie
Schedule**
at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, October 12 @ 7:30 p.m.

Balls of Fury - Dan Fogler, Christopher Walken, George Lopez, Maggie Q, James Hong
- In the unsanctioned, underground, and unhinged world of extreme Ping-Pong, the competition is brutal and the stakes are deadly. Now, this outrageous new comedy serves up this secret world for the first time on-screen. Down-and-out former professional Ping-Pong phenom Randy Daytona (Tony Award winner Dan Fogler) is sucked into this maelstrom when FBI Agent Rodriguez (George Lopez) recruits him for a secret mission. Randy is determined to bounce back and recapture his former glory, and to smoke out his father's (Robert Patrick) killer - one of the FBI's Most Wanted, arch-fiend Feng (Academy Award winner Christopher Walken). But, after two decades out of the game, Randy can't turn his life around and avenge his father's murder without a team of his own. He calls upon the spiritual guidance of blind Ping-Pong sage and restaurateur Wong (James Hong), and the training expertise of Master Wong's wildly sexy niece Maggie (Maggie Q).

MPAA Rating: PG-13 - crude and sex-related humor, and for language

Run time: 90 minutes

Saturday, October 13 @ 7:30 p.m.

Mr. Bean's Holiday - Rowan Atkinson, Emma De Caunes, Max Baldry, Willem Dafoe, Jean Rochefort
- When London's wet weather becomes too much to bear, pratfall-prone Mr. Bean (Rowan Atkinson) heads to the French Riviera for some fun in the sun. As usual, his plans do not go smoothly, and he is mistaken for both a kidnapper and an award-winning filmmaker when he arrives with a Russian director's son and an aspiring actress in tow.

MPAA Rating: G -

Run time: 88 minutes

Future Features...

Shoot Em Up

Friday, Oct. 19 @ 7:30 p.m.
R, 80 minutes.

The Brave One

Saturday, Oct. 20 @ 7:30 p.m.
R, 122 minutes.

If you or someone you know has a child with special needs or a disability we can help. **The Fort Dix Exceptional Family Member Program** is hosting the "Advocating for your Child with Disabilities Under the New Special Education Code Workshop" on **October 16, 6 - 8 p.m.**

The **free** workshop includes a complimentary dinner and childcare. **Advanced registration is required.**

Call **562-2767** for more information.

Dining Facility Schedule

Bldg. 5501 OES Closed

Breakfast 0600 - 0800

Lunch 1130 - 1330

Dinner 1630 - 1830

Bldg. 5517 NCOA Every Day

Breakfast 0630 - 0800

Lunch 1130 - 1300

Dinner 1630 - 1800

Bldg. 5610 Surge Every Day

Breakfast 0600 - 0730

Lunch 1130 - 1300

Dinner 1630 - 1800

Bldg. 5640 Surge Closed

Breakfast 0600 - 0730

Lunch 1130 - 1300

Dinner 1630 - 1800

Bldg. 5985 Camp Victory (FOB) Closed

Breakfast 0500 - 0630

Dinner 1800 - 1930

Bldg. 5986 Surge Every Day

Breakfast 0600 - 0730

Lunch 1130 - 1300

Dinner 1630 - 1800

Meal Rates B - \$2.00 L - \$3.65 D - \$3.65

Main Chapel

562-2020

Sunday Services

Protestant 9 - 10 a.m.
Catholic Mass 10:15 - 11:15 a.m.
Gospel 11:30 a.m. - 1 p.m.

Camp Victory - Chaplain's tent

Protestant 8 a.m. - 9 a.m.
Catholic 8 a.m. - 9 a.m.
Mormon 8 a.m. - 9 a.m.
Jewish 8 a.m. - 9 a.m.

Wednesday Services

Main Chapel

Protestant Bible Study noon
Chapel Library

Protestant 7:30 to 8:30 p.m.

Religious Services

Islamic Prayer room
open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

Catholic Adult Bible Study
Sundays, 11:30 a.m.

Christian Women of the Chapel - Bible Study - Tuesdays, 9:30 a.m. to noon

Christian Men of the Chapel - Prayer Breakfast - Fourth Saturday of each month, 9 to 11 a.m.

Youth of the Chapel
Every second and fourth Tuesday
7 to 9 p.m.

Jewish services available by request

For additional services or Religious Support please call 562-2020

Religious materials are available at the JRC, the Main Chapel, and Camp Victory

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

Oct 12 - Oct 18

Friday

Power Hour
2:30 - 4:30 p.m.
Computer Lab
4 - 6 p.m.

Saturday

Badminton Tournament
3 - 5 p.m.

Monday

Power Hour
2:30 - 4:30 p.m.
Arts & Crafts Club
3:45 - 4:45 p.m.
Computer Lab
4 - 6 p.m.

Tuesday

Power Hour
2:30 - 4:30 p.m.
Goals for Growth
3:45 - 4:45 p.m.
Computer Lab
4 - 6 p.m.

Wednesday

Power Hour
2:30 - 4:30 p.m.
Sports & Fitness
3:45 - 4:45 p.m.
Computer Lab
4 - 6 p.m.

Thursday

Power Hour
2:30 - 4:30 p.m.
Tech/Video Club
4 - 5 p.m.
Computer Lab
5 - 6 p.m.

Goals for Growth Program starts Sep. 18, and runs through Nov. 20. The program is a 10 week program that will be held on Tuesday afternoons from 3:45 - 4:45. The program is open to 11 and 12 year olds and will be led by Ms. Erica Bryant. Contact the Youth Center with any questions and to register.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

Army Community Service

Bldg. 5201, 562-2767

Community Newcomer's Orientation

Information - Tour - Free Lunch - Free Child Care - and Much More!

Every **3rd Thursday** of each month

9 a.m. - 2 p.m.

at Army Community Service

*New service and family members are invited to attend this orientation to discover more of the little known wonders of Fort Dix and the surrounding area.

Lunch and Learn Series: Peer Pressure: What to Do?

October 19
11:30 - 12:30
Army Community Service

Hearts Apart

Oct. 23
10 a.m. - 1 p.m.
Army Community Service

EFMP Support Group

3rd Thursday each month
10:30 a.m. to 12:30 p.m.
Army Community Service

EFMP Kidz Plus Program

Free swim for members and families
2nd and 4th Thursdays
5:30 to 6:45 p.m.
Indoor Pool

Family Advocacy

562-5200

Chaplain

562-2020

American Red Cross

562-2258

Army Emergency Relief

562-2767

Domestic Violence Awareness Month

October 13

Couple Enrichment Seminar
8:30 a.m. - 3 p.m.
Lakehurst Chapel, Bldg. 488-1
*Pre-registration required

Sweethearts Seminar

8:30 a.m. - 4:30 p.m.
McGuire Chapel 2, FCN

October 14

Reflections on Domestic Violence
9 a.m. - 11 a.m.
McGuire AFB Chapel 1

8:30 a.m. - 11 a.m.

McGuire AFB Chapel 2

October 15

Securing Your Financial future
1 - 2 p.m.
McGuire Family Support Center

Playgroup

11 a.m. - 12:30 p.m.
McGuire CDC 1

October 16

Dine and Learn: Advocating for Your Child with Disabilities
6 - 8 p.m.
Club Dix

October 17

Information Booth
11 a.m. - 1 p.m.
AAFES Food Court, BX/PX

Best Offense is Good Defense

6 p.m. - 7:30 p.m.
Fort Dix DoD Training Center

Baby Basics

2:30 - 4:30 p.m.
McGuire FAP

Breast-feeding

7 - 9 p.m.
McGuire FAP

Read
the Post



Linda A. Jeleniewski, 94th RRC Public Affairs Office

BREAKING NEW GROUND — Lt. Col. Steven W. Nott, commander, US Army Garrison — Fort Devens, William "Bill" Scully, deputy commander, New England (NE) District Army Corps of Engineers (COE), Stephen Umbrell, NE District Army COE project engineer, and Robert Delhomme, president, Charter Environmental Inc., from left, "break ground" with the golden shovels at the Urban Assault Course site on Fort Devens Oct. 4. The UAC will be the only one of its kind within 360 miles.

Fort Devens preps for Urban Assault Course

Linda A. Jeleniewski
94th RRC Public Affairs Office

FORT DEVENS, Mass., Oct. 4, 2007 — "Today's event is a clear example of the positive changes coming to Fort Devens," said Lt. Col. Steven W. Nott, commander, as he spoke during the Urban Assault Course (UAC) groundbreaking ceremony today on South Post. "This groundbreaking marks the first new military construction project on Fort Devens since 1991," he explained. "There will be more to come."

Nott, commander of Fort Devens since July of this year, sees the future of the installation in an expanding role to support the global war on terror.

"The Urban Assault Course is the first of several new training facilities that will better prepare our nation's warriors for the current fight," stated Nott. "When completed, teams and squads will learn how to defeat our enemies in urban fighting, both above and below ground."

The UAC will feature five stations where Soldiers learn how to clear and enter buildings, use an M203 grenade launcher and conduct underground operations in an urban environment.

Station one will consist of an individual and team trainer building equipped with six interior precision human targets. Station two is a squad and platoon trainer equipped with 10 interior human targets; Station three a grenadier gunnery trainer equipped with 13 non-precision targets; Station four is an urban offense/defense trainer two and a half-story building with 10 interior precision human targets and Station five will be the underground trainer — no instrumentation required.

According to Tom O'Donnell, range control technician, it took two and one-half years in the planning. "Joe Sullivan and I have been working on this project for a couple of years," said O'Donnell. "Joe's [Sullivan] next project is the 'shoot house' which will have live fire," he said.

O'Donnell said that they (Fort Devens) also plan to have an operations/storage building (one-story) with parking on the site.

Designed by the US Army Corps of Engineers (COE), the \$1.75 million project will cover a five-acre site, previously used as a grenade launcher range when Fort Devens was an active-duty installation.

"Upon completion, this state-of-the-art facility will be the only one of its kind within

360 miles," said Nott. "The next nearest UAC is located at Fort Drum, N.Y.," explained Nott.

"It's a pleasure to be here [Fort Devens] working on projects again with you," said Bill Scully, deputy commander, New England (NE) District Army Corps of Engineers (COE), as he addressed Lt. Col. Nott. "We've worked on projects before and this one will renew our relationship between the COE and Fort Devens. We look forward to more projects," he concluded.

"This is only the beginning of training facility improvements yet to come," said Nott. "Soon we will have a dismounted and convoy live fire capability and next year, we will break ground again on a new Shoot House, which will also be the only one of its kind within 360 miles," he said.

"The Fort Devens mission load is growing. In one short year, South Post alone has doubled its customers," continued Nott. "Without the combined efforts of the Fort Devens Directorate of Plans and Training (DPT) staff, The Army COE, Charter Environmental and USA Environmental this would not have happened. Your hard work and dedication to the military forces stationed here save lives," concluded Nott.



Ryan Morton

Soldiers receive gifts of thanks

Quilts and XM Satellite Radios are donated to Soldiers at the Joint Readiness Center. The quilts were made by members of senior centers throughout the country, and the radios were donated by Ameri-Trade. These items were given as gestures to show thanks and appreciation to all the work Soldiers do. The Soldiers pictured here are from the 178th Infantry Regiment, part of the Illinois National Guard, hailing from Chicago, Ill. These Soldiers just returned from a year-long deployment in support of the Global War on Terrorism.

2007 International

To ensure delivery of holiday cards and to international addresses, we set below. Beat the last-minute rush and forget you can print postage, labels, and more.

Remember, all mail addressed to military regarding content, preparation, and a table of active APO and FPO addresses. pe.usps.com and click "Postal Bulletin."

Military Mail Addressed To	Express Mail Military Service (EMMS)
APO/FPO AE ZIPs 962-992	Dec 15
APO/FPO AE ZIP 953	N/A
APO/FPO AE ZIPs 954-958	Dec 15
APO/FPO AA ZIPs 340	Dec 15
APO/FPO AP ZIPs 962-966	Dec 15

- 1/ EMMS: Express Mail Military Service is a service available to your APO/FPO.
- 2/ PAL: PAL is a service that provides air rate exceeding 30 pounds in weight or 60 regular surface rate of postage for a.
- 3/ SAM: SAM parcels are paid at Parcel Post length and girth combined. SAM post a space-available basis.

International Mail Addressed to	Global Express Guaranteed (GXG)
Africa	Dec 15
Asia / Pacific Rim	Dec 15
Australia / New Zealand	Dec 15
Canada	Dec 20
Caribbean	Dec 15
Central & South America	Dec 15
Mexico	Dec 15
Europe	Dec 15
Middle East	Dec 15

- 4/ GXG is available to over 190 countries via complete list of countries and money-back guarantee. You can also see the March/April 2007. Purchase postage online and receive 10% discount.
- 5/ EMS is available to over 190 countries with Australia, China, Hong Kong, Japan and Korea. Purchase postage online and receive an 8% discount.
- 6/ Priority Mail International is available to over free packaging are available. Purchase postage online.

*Average number of days may vary based upon destination.



Ryan Morton

Glowing graduates

The Fort Dix Chemical, Biological, Radiological and Nuclear Defense School graduating class 12-07 students are Sgt. 1st Class Kevin M. Hale, Sgt. Bruce M. Jackson, 2nd Lt. Jennifer M. Lester, Sgt. Shamaria G. Davis, Sgt. Christopher D. Loreaux, Spc. Justin L. Abbott, Spc. Tyler D. Colglazier, 2nd Lt. Phillip E. Spence, Spc. Michael J. Noe, Sgt. Anthony D. Brewer, 2nd Lt. Janet M. Averbeck, Sgt. Casey R. Lohman, Staff Sgt. Joshua C. Romans, Sgt. 1st Class John R. Robinson, Master Sgt. Allan Webb, Capt. John R. Rouse, Sgt. Clifford H. Zent, and Sgt. John K. Stroud.

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New and improved to better serve

YOU

Log on today

ARTS & CRAFTS

Bldg. 6039
Philadelphia Street

562-5691

Registration & sales
store hours:

Tuesday

9 a.m. to 4:45 p.m.

Wednesday-Thursday

noon to 5 p.m., 6 - 8:45 p.m.

Friday

11 a.m. - 4:45 p.m.

Saturday

9 a.m. - 4:45 p.m.

PROGRAMS

Kids Craft Classes

2:30 - 4 p.m.

Oct. 13.....Ceramic Jack-O-

Lantern

Oct. 27.....Fall Foliage

Plate

\$5 pre-registration fee

Paint Your Own Pottery Day

Oct. 20

Come in and paint any of our ceramic items and get 20-percent off on this day only! We'll have light refreshments, including Otis Spunkmeyer cookie tasting. Bring your friends!

Quilts For Kids Marathon

Oct. 13, 11 a.m. - 9:45 p.m.

Join us or a whole day and night of quilting craziness. Become part of this National Organization that donates quilts to Children's hospitals, shelters, and more. We have exciting new ideas and donated fabrics; all you need to bring is your desire to help

others while you learn to sew and learn to machine quilt! All experience levels welcome, and there is no fee to join. Please sign up beforehand to reserve your space, or call 562-5691.

Kids Three-Week Pottery Class

Oct. 13, 20 & 27

10:30 a.m. - noon

For kids ages six to nine. Classes cover both hand-building and wheel-throwing techniques. Pre-registration is required. Cost is \$25.

Tween Three-Week Pottery Class

Oct. 13, 20 & 27

1 - 2:30 p.m.

For kids ages six to nine. Classes cover both hand-building and wheel-throwing techniques. Pre-registration is required. Cost is \$25.

Krafty Birthdays

Arts & Crafts offers Krafty Birthday Parties! Parties include up to 2 hours of party room use, one craft project with instruction and all materials, with many exciting projects to choose from. When making party reservations, please make sure to stop by in order to select the craft and make payment.

Create A Critter

Discover a menagerie of adorable animals to stuff, dress, and cuddle. From the basic teddy bear to giraffes and lions, we've got them all! Great fun for the whole family and you'll love our low prices. It makes a great last-minute gift idea, too.

Hearts For Heroes

Show your appreciation for our active duty and retired

military. Come in anytime and paint a small heart which will be given to a military member. All hearts will be donated so there is no cost to participate!

Framing Qualification Classes

Oct. 17, 6 - 8:30 p.m.

Oct. 13, 9 - 11:30 a.m.

Get qualified to use this great facility and equipment! You will complete one piece (cost of which is not covered by registration fee) about 8"x10" which you must supply as you learn to operate the equipment. All materials are available for purchase at the frame shop.

\$10 fee plus materials

Frame Shop

Stop by to learn about all kinds of framing techniques. In no time you'll be framing your own photographs, paintings and posters.

Contemporary Ceramics and Mosaic Studio

Looking for a place to walk in, relax and get creative? This is the place for you and your family to paint functional or decorative items to give as gifts or keep for yourself.

We have many bisque ware items to choose, from plates and mugs to piggy banks, lots of project ideas, and a helpful staff to get you started. You do the painting and we'll complete your masterpiece with a food-safe glaze and expert firing.

And now we have new lower prices in the mosaic studio. This ancient craft is simple and relaxing, and you can create one of a kind home décor or gift items. The studio is open during normal sales store hours.

Honoring the Colors

Reveille

6 a.m. (0600 hours)

Military personnel in uniform

Stand at attention, face the flag and salute at first note.

Military personnel not in uniform, civilians

Stand at attention, face the flag and place right hand over heart at first note.

Military personnel in formation or in a group

Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.

Individual military personnel, civilians in a vehicle

Stop vehicle and exit. Follow steps above.

Group of military personnel in a vehicle

Stop vehicle. Individual in charge exits and follows steps above.

Retreat

5 p.m. (1700 hours)

Stand at attention, face the flag for Retreat, then salute at first note of To the Colors.

Stand at attention, face the flag for Retreat, then place right hand over heart at first note of To the Colors.

Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of Retreat. Calls group to "Attention" and "Present, Arms" at first note of To the Colors, then "Order, Arms" at conclusion.

Stop vehicle and exit. Follow steps above.

Stop vehicle. Individual in charge exits and follows steps above.



Army Community Service (ACS)

562-2767

Bldg. 5201, on the corner of 8th Street and Maryland Avenue

Hours of Operation:

Monday through Friday, 7:45 a.m. to 4:30 p.m.

*A Department of the Army Accredited Soldier and Family Service Organization



Ed Mingin

Gridiron glory

Flag football is underway at the Griffith Field House. Capt. Damian Cunningham, above, leads MRB to a victory over 3/315th. The victory has MRB at 2-0. Two other teams remain undefeated, the Wildcats at 3-0 and the Admirals at 2-0.

Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Pool Hours

Monday - Friday
Military Lap Swim
6 - 8 a.m.
Retirees/Dep. Lap Swim
10 - 11:30 a.m.
Active Duty/DOD Lap Swim
11:30 a.m. - 1 p.m.
Recreation Swim
1 - 3 p.m.

Saturday
Lap Swim

10:30 a.m. - noon
Recreation Swim
noon - 6 p.m.
Hydro Aerobic Class
10:30 - 11:30 a.m.
Monday - Wednesday
Hydro Aerobic Class
7:30 - 8:30 p.m.

Griffith Class Schedule

Monday
Cardio Kick Express
4:30 p.m. - 5:00 p.m.
Total Toning
5:15 p.m. - 6:15 p.m.

Tuesday
Sculpting Express
9:30 a.m. - 10:00 a.m.

Spin-It
noon - 12:45 p.m.
Intro to Fitness
5:15 p.m. - 6:15 p.m.

Wednesday
Circuit Training
5:15 p.m. - 6:15 p.m.

Thursday
Step & Sculpt
noon - 12:45 p.m.
Pilates Fusion
5:15 p.m. - 6:15 p.m.

Friday
Spin-It
noon - 12:45 p.m.

For more information about activities at the Griffith Field House, or to verify class times, call 562-4888.

Charging to victory

Ed Mingin
Public Affairs Staff

All three Fort Dix football teams were victorious this past weekend, sweeping Riverside. The Mitey-Mites are perfect so far with a record of 4-0 after beating Riverside 19-0.

The Peewees had a strong showing, winning 26-0 and improving their record to 4-1.

Brandon Cromwell scored twice for the Peewees, once on a 62-yard-run and then from 23 yards from the end zone. John Cotton and Nelson Randolph also reached the goal line.

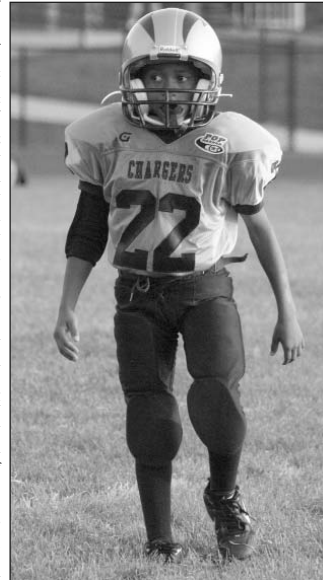
Defensively, the Chargers dominated, holding their opponent to only 22 yards.

"The big D came out to do battle and really sank their heels in and set the tone for the game," said Rob Oswald, head coach for the Peewees.

"Our whole team played outstanding. Even though we have been riddled by injuries, we still went out there and took care of business," said the coach. "This team is really starting to play very well together, as we thought they could from the beginning of the season."

For the Midgets, it was the first win of the season for the Chargers, and their coach was quick to point out several players who led the way to the 19-12 victory.

"Lavante Harvey scored three touchdowns. Robert Williams, a touchdown pass. Leonardo Reyes had several key tackles. Marlon Coerbell had a sack and several key tackles, and Melvin Moore had an interception to seal the game," said head coach Carlton Wright.



Ed Mingin

CHARGING AHEAD — Cameron Tucker, above, and his Mitey-Mite teammates are still undefeated. The team improved to 4-0 after a 19-0 victory over Riverside. All three Fort Dix teams were victorious this past weekend. The Peewees won 27-0, and the Midgets grabbed a 19-12 victory.

Club retooled for fans

Ryan Morton
Public Affairs Staff

Anyone who has lived in New Jersey for more than 20 years probably remembers former Governor Thomas Kean. He was governor of the state for two terms through during the 1980s. He had a tourism commercial for the state that used to run where he said at the

end, "New Jersey and you, perfect together." Well, if you're a sports fan and don't want to go far to watch games, there might be a place perfect for you right here on Fort Dix.

Club Dix has all the sports events, especially now with the football season and baseball playoffs in full swing. If you're on post and want to watch the games and have some food and drinks, Club Dix might be right

up your alley.

It has full-screen and high-definition TVs and a large food-and-drink menu to help satisfy your hunger cravings. It has menu items such as chicken wings and sandwiches, burgers, fries, quesadillas, mozzarella sticks, and chips and salsa, just to name a few. Club Dix also has a full drink menu including their own home-made brews of wheat beer and Oktoberfest, and a frozen drink machine to make beverages such as margaritas, pina colodas, and daquiris. During football games, they give away drink glasses with team mascots on them as well.

"I like the proximity. I'm currently in a school at the NCO Academy and one of the instructors mentioned that this was a great place to come and watch games. He was right. It's a nice place, has a friendly staff, and a good atmosphere," Sgt. Rodney Nunez said.

Don't go far to watch the games. The facilities you need are indeed right here, and Club Dix and you are, therefore, perfect together.



Ryan Morton

SPORTS FANS — Staff Sgt. John Covington and Sgt. John Puffer watch the Sunday night football game between the Chicago Bears and Green Bay Packers at Club Dix.

Fall Walking Club

Griffith Field House Bldg, 6053
Sept 24-Nov. 29
Every Tuesday & Thursday
1200-1300

At the end of this program, all participants will receive a FREE water bottle. To ensure attendance, you must sign in at the front desk of the Field House prior to each walk.

The whole family can participate in this activity. Bring your friends and bring your kids. Baby strollers are permitted, and you may walk at your own pace.

Sign up today at the front desk of the Field House and start walking your way to a healthier life!

The Walking Club follows the Griffith Field House 5K (3.1 Miles) or 3K (1.5 miles) map (see back). 3K takes approx. 1 hour to finish at a leisurely walking pace. 3K takes approx. 1.7 hours.

For more information, please call the Fitness Coordinator at 609-562-2792.

www.griffith.army.mil

2007 Red Ribbon Week

October 22-26

I am Drug Free!

Schedule of Activities

Tuesday, October 23: "Paint Out Drugs"
Paint Hearts for a Hero 9:00am-5:00pm @ the Arts & Crafts Center

Wednesday, October 24: "Run Out on Drugs"
Fun Run 12:00 noon @ Griffith Field House
Rain or shine: 1st 50 runners get a free T-Shirt

Wednesday, October 24: "Bowl Down Drugs"
Kids get a free game of Bowling @ the Bowling Center (parents must pay)

Thursday, October 24: "Say Boo to Drugs"
Halloween Party at the Indoor Pool, 6:00 to 8:00pm, with Costume Parade

KWR